National Resource Center for Youth Services 2007 Training Schedule

Training of Trainers

Residential Child and Youth Care Professional (RCYCP) • Managing Aggressive Behavior (MAB) • Behavior Crisis Management Training (BCMT) • Ansell-Casey Life Skills Assessment (ACLSA)

Register Online @ www.nrcys.ou.edu • (800) 274-2687 • FAX (918) 660-3737
Dear Colleagues:

We are committed to our mission at The University of Oklahoma National Resource Center for Youth Services (NRCYS) of “Enhancing the quality of life of our nation’s youth and their families by improving the effectiveness of human services”. Our nationally recognized training will equip youth workers, social workers, residential child care workers, resource parents and other professionals with the skills needed to work effectively with youth and their families.

The highly professional staff at NRCYS have decades of experiences from a variety of direct care settings from child welfare to youth services. This experience combined with effective practices helps us to develop training which is timely and relevant to the young people and families with whom you work. Our comprehensive training, either annual training courses or direct on-site training, can empower and energize your staff. I am proud of our quality training materials and exceptional reputation and I believe we can assist you.

Thank you for your interest in NRCYS and we look forward to working with you!

Sincerely,

Peter R. Correia, III
Director, National Resource Center for Youth Services

Why train with us? We KNOW you have a choice.

Our specialized training courses feature:

**Relevant Content**
- Low trainer to participant ratios and individual attention
- Review of the course curriculum and resources
- Address compassion fatigue and burnout
- Professional staff has decades of direct service experience
- Prevention oriented
- Competency based

**Ease of Application**
- Opportunity to practice using activities from the course curriculum and resources
- Personalized feedback from practice training sessions
- Adult learning methods and ways to maximize the training experience for your staff
- Written so agencies can integrate with policies and procedures
- Practical and immediately applicable
- Trainer and participant friendly

**Large Scale**
- National certification
- National perspective
- View youth as a culture
- Exceptional reputation for premier training
- Comprehensive material

Register today or call for a packet of information...

Contract to bring one of these or other workshops to your agency.

Call (800) 274-2687
Email: training@ou.edu
or find us on the internet at www.nrcys.ou.edu
Residential Child and Youth Care Professional (RCYCP) Trainer Certification

RCYCP is a competency based curriculum comprised of four modules: Developing a Culture of Care, Understanding Child Development, Building Relationships, and Teaching Discipline. This course is for professionals and agencies who want to provide direct care staff with a common knowledge base and philosophy for working with children and youth. Residential care workers have the most interaction, and therefore, the greatest impact on relationship building with the children and youth in their care. Learn to train your direct care staff using this basic in-service training program based in youth development and strengths-based philosophies.

RCYCP Trainer Competencies

• Know and understand the RCYCP training philosophy, premises, and curriculum content.
• Know and understand the importance of strengths-based work with children and youth in residential care.
• Know and understand the youth development philosophy in working with children and youth in residential care.
• Demonstrate facilitating two activities of the RCYCP training curriculum.
• Demonstrate effective communication skills when teaching activities of the RCYCP training curriculum.
• Effectively deliver the RCYCP course to staff.

RCYCP Certification

The RCYCP curriculum, developed based on nationally recognized competencies, is an important step in preparing your staff to meet the challenges of youth work today. Following the completion of the on-site course, your staff is eligible to take the on-line certification exam.

The certification process includes the following:

Step 1: Read the Residential Child & Youth Care Professional manual.

Step 2: Attend the Residential Child & Youth Care Professional course led by your NRCYS - approved trainer, with each topic encompassing the required hours of instruction.
• 12 hours: Developing a Culture of Care
• 12 hours: Understanding Child Development
• 12 hours: Building Relationships
• 6 hours: Teaching Discipline

Step 3: Register online and pay $30.00 application fee.

Step 4: Complete the online certification exam with an 80% correct score.

Step 5: Submit annual verification of required continuing education hours. With verification annually of 12 clock-hours (1.2 CEUs) of training in the recognized child and youth work competency areas, certification will remain current.

For additional information regarding certification go to www.nrcys.ou.edu.
Behavior Crisis Management Training (BCMT) Trainer Certification

BCMT is a crisis management program developed specifically for teaching foster parents how to prevent and intervene appropriately in crisis situations. BCMT is suitable for home use with a broad age range of children and youth. Adapted especially for resource families (foster parents, therapeutic foster parents, adoptive parents and kinship families) from the NRCYS Managing Aggressive Behavior (MAB) curriculum, this trainer certification course is for staff that will train current and future resource families.

BCMT Trainer Competencies

- Know and understand the BCMT philosophy, premises, and curriculum content.
- Implement prevention and early intervention strategies as it relates to crisis situations in a family setting.
- Recognize and de-escalate violent or potentially violent situations using verbal intervention techniques with children and youth in a family setting.
- Know and understand the limited circumstances in which physical intervention should be used in a family setting.
- Utilize a passive physical intervention technique that reduces the risk of harm to youth and self.
- Use strategies that teach alternative behaviors to aggression following crisis events with children and youth.
- Effectively deliver the BCMT course, including philosophy, non-physical, and physical intervention to resource families.

Managing Aggressive Behavior (MAB) Trainer Certification

Managing Aggressive Behavior is a crisis management program that focuses on prevention while teaching the physical and non-physical intervention skills needed to keep staff and clients safe. This intensive, hands-on course will teach you how to train the MAB curriculum and is appropriate for professionals who want to be qualified to train staff and volunteers to prevent and manage crisis. The MAB program emphasizes prevention and non-physical intervention strategies, and teaches non-pain producing, passive physical intervention techniques to protect youth and staff alike. MAB can help you establish agency-wide procedures that will reduce the number of restraints and offers an after-crisis component that helps staff learn from each event.
MAB Trainer Competencies

- Know and understand the MAB philosophy, premises, and curriculum content.
- Implement prevention and early intervention strategies.
- Know how to recognize and de-escalate violent or potentially violent situations using verbal intervention techniques.
- Know and understand the limited circumstances in which physical intervention should be used.
- Demonstrate non-pain producing, passive physical intervention techniques.
- Process crisis events with youth using strategies that teach alternative behaviors to aggression.
- Effectively deliver the MAB course, including philosophy, non-physical, and physical intervention to staff.

Managing Aggressive Behavior

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<tr>
<th>COURSE AT A GLANCE / 5 Days – $795 per person</th>
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<tr>
<td>Day One</td>
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Training will be held in Tulsa, Oklahoma at the Hilton Tulsa Southern Hills

January 22-26, 2007
Registration Deadline: December 15, 2006

March 12-16, 2007
Registration Deadline: February 16, 2007

June 4-8, 2007
Registration Deadline: May 4, 2007

September 17-21, 2007
Registration Deadline: August 17, 2007

3.6 CEUs (36 clock hours) from The University of Oklahoma

Ansell-Casey Life Skills Assessment (ACLSA) Trainer Certification

NRCYS is an Authorized Training Provider for Casey Family Programs

The Ansell-Casey Life Skills Assessment is a user friendly on-line resource that measures a young person’s skill level and readiness to live independently. Casey Life Skills tools help bridge the gap between assessment, case planning, and practical skill development for each youth. This course will qualify participants to train staff, volunteers or youth to use, administer and interpret the Ansell-Casey Life Skills Assessment and to use other on-line resources, including the ACLSA scored report, the Learning Plan, the Ready, Set, Fly! Handbook and other companion resources. Participants will also learn to access their program’s data, and plan an effective presentation.

ACLSA Trainer Competencies

- Understand the basic structure of the Casey Life Skills tools and website.
- Demonstrate the use of Casey Life Skills tools.
- Utilize the Data and Reports function on the website.
- Understand the importance of coaching others in the use of the Casey Life Skills tools.
- Know and understand the issues associated with implementing and maintaining the Casey Life Skills system.
- Demonstrate effective communication skills when teaching sections of the ACLSA training curriculum.
- Use relevant technology to facilitate learning of Casey Life Skills tools.
- Demonstrate understanding of basic learning principles relevant to facilitating motivation and learning of the Casey Life Skills tools.
Creative Life Skills (CLS) Training

CLS training is a natural successor to the Ansell-Casey Life Skills Trainer Certification and provides additional tools and techniques to teach youth life skills. This course will help you make the Casey Learning Plan come alive by using a variety of teaching strategies that appeal to all learning styles. Regardless of whether you are working one-on-one or in groups, this workshop is for you. Plus, you will receive a Creative Resource Package featuring reusable tools to assist in facilitating your group, debriefing activities, and creating a fun learning environment.

CLS Competencies

- Understand the basic structure of CLS training.
- Learn how to utilize various teaching methods for different learning styles.
- Learn how to create a motivating climate of learning.
- Design creative life skills learning sessions.
- Learn new teaching methods.
- Learn how to tap into your own creativity.

Ansell Casey Life Skills Assessment

| COURSE AT A GLANCE / 3 Days – $795 per person* |
|----------------------|----------------------|
| Day One              | 8:30 to 5:00         |
| Day Two              | 8:30 to 5:00         |
| Day Three            | 8:30 to 3:30         |

Training will be held in Tulsa, Oklahoma on the OU-Tulsa Schusterman campus, Room 3110. Hotel accommodations can be made at Tulsa Doubletree Warren Place

March 27-29, 2007
Registration Deadline: February 28, 2007

July 10-12, 2007
Registration Deadline: June 8, 2007

October 23-25, 2007
Registration Deadline: September 21, 2007

*Fee includes a $179 Life Skills Resource Package.

2.0 CEUs (20 clock hours) from The University of Oklahoma

Creative Life Skills

| COURSE AT A GLANCE / 2 Days – $350 per person* |
|----------------------|----------------------|
| Day One              | 9:00 to 4:00         |
| Day Two              | 9:00 to 4:00         |

All training will be held in Tulsa, Oklahoma at the Hilton Tulsa Southern Hills

January 18-19, 2007
Registration Deadline: December 15, 2006

*Fee includes a Creative Resource Package.

1.2 CEUs (12 clock hours) from The University of Oklahoma

Contractual Training tailored to fit your needs.

Your agency’s lifeblood is a well-trained staff. Help them to face challenges with confidence. By contract NRCYS will provide direct, on-site training. NRCYS’ experienced trainers personally train your staff at your facility. Established courses can be revised or combined, and other courses can be developed specifically for your agency.

Child Welfare
Permanency Planning and the Older Adolescent: Connections for a Lifetime; Strengths/Needs Based Service Planning

Conflict Resolution/
Youth Violence Prevention
Behavior Crisis Management Training; Managing Aggressive Behavior

Cultural Competence
Differences: Building Bridges or Walls; Ethnographic Interviewing; Hidden Minority: Gay, Lesbian, and Bisexual, Transgender and Questioning Youth

Independent Living/Life Skills
Building Positive Connections; Creative Life Skills Training; Group Process and Independent Living; Creating Positive Futures; Ansell-Casey Life Skills Assessment

Residential Services
Developing the Therapeutic Milieu; Getting the Most from the Milieu: Using the Living Environment to Assist the Treatment Process; Residential Child and Youth Care Professional Training; Understanding Separation and Loss; Understanding Trauma Informed Care
NRCYS Trainer Certification Registration Form

Pre-Registration is mandatory for all NRCYS training courses. Enrollment is limited. Payment in the form of a purchase order, check, or credit card must be received before the training date. The registration deadline is four weeks prior to training date.

Cancellations
You may cancel without penalty up to 45 days prior to training date. Cancellations received at least 15 working days prior to that date are subject to a 15% administrative fee. No refunds are made after that date. You may substitute another person or request a nonrefundable letter of credit for a future training. Cancellations must be received in writing.

Trainer Certification
You must attend the complete course in order to be certified as an instructor!

Register Online
www.nrcys.ou.edu

Training Schedule (Check one or more)

Residential Child and Youth Care Professional
$595 per person

- February 20-22, 2007 • San Diego, CA
  Doubletree, San Diego - Mission Valley
- April 17-19, 2007 • Tulsa, OK
  Hilton Tulsa Southern Hills
- July 17-19, 2007 • Tulsa, OK
  Hilton Tulsa Southern Hills
- October 2-4, 2007 • St. Louis, MO
  Hampton Inn - Gateway Arch

Behavior Crisis Management Training
$695 per person

- May 8-11, 2007 • Tulsa, OK
  Hilton Tulsa Southern Hills

Managing Aggressive Behavior
$795 per person

Training will be held in Tulsa, Oklahoma at the Hilton Tulsa Southern Hills

- January 22-26, 2007
- March 12-16, 2007
- June 4-8, 2007
- September 17-21, 2007

Creative Life Skills Training
$350 per person

Training will be held in Tulsa, Oklahoma at the Hilton Tulsa Southern Hills

- January 18-19, 2007

Ansell-Casey Life Skills Assessment
$795 per person

Training will be held in Tulsa, Oklahoma on the OU-Tulsa Schusterman campus

- March 27-29, 2007
- July 10-12, 2007
- October 23-25, 2007

Questions:
Call (800) 274-2687 or email training@ou.edu

Return form to:
National Resource Center for Youth Services
The University of Oklahoma OUTREACH
Tulsa/Schusterman Center
4502 E. 41st St. Bldg 4W • Tulsa, OK 74135-2512

This publication is published and distributed at no cost to Oklahoma taxpayers.
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Featuring Hands-on, Ready-to-use Publications!

Are you ready to put into action practical information to help support youth who are making the difficult transition into adulthood? Our manuals, curricula, workbooks and videos are moderately priced and easy to use.

Find These and Other Helpful Resources on Our Online Catalog @ www.nrcys.ou.edu

#395
1-49 $7.95
50-299 $6.95
300+ $5.95

#348A
1-250 $20.00
251-499 $17.50
500+ $15.00

#299
1-49 $7.00
50-99 $6.00
100+ $5.50

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